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MONO-PLANT PRODUCT RANGE

## Cordyceps

*Box of 100 capsules*

The strength of a single herb in its complete form to ensure the best therapeutic effects.

«Wild Cordyceps Sinensis, grows at over 3500 meters of altitude on the summits of Tibet and Nepal, and already 3000 years before our era, this medicinal mushroom was prescribed as a powerful tonic by Chinese physicians of the time. Since then, traditional Chinese medicine has continued to use it to relieve many ailments.

It was only in early 1990s, when Chinese athletes met with success which was attributed to consumption of this mushroom, that it has become popular in the Western world as well.

Since the 1970s, it is cultivated on a large scale thanks to the Chinese scientific research that has succeeded isolating the Cs- 4 fermentable strain from the wild Cordyceps Sinensis and obtain a species with a DNA profile exactly similar to that of the wild Cordyceps!

These cultivated species are grown with high concentration levels of active principles that have the same therapeutic benefits as wild varieties, which has since been confirmed by multiple research programs.

### **Fatigue - Energy**

Cordyceps is a natural anti-fatigue and a dopant. The wining of the Chinese track and field athletes have definitely brought fame to this fungus even though if it's mostly in the elderly or with people with poor health, rather than in athletes, that it works best with an efficiency rate of 80% based on a dose of three grams per day for three months.

From a scientific point of view, it increases levels of adenosine triphosphate (ATP) in the body, ATP is the body's energy supply source. It restores the energy to the body, increases its ability to recover from a convalescence and improves the body's resistance to environmental stress. It also significantly stimulates the production of new red blood cells, this makes it relevant in cases of anemia associated fatigue.

### **Respiratory system**

Cordyceps acts on the entire respiratory system: lung and bronchus. It thus can be effective in treating many respiratory ailments: asthma, chronic bronchitis, lung disease and even tuberculosis because it facilitates expectoration.

It improves lung functions by increasing by almost 40% the oxygen absorption rate at the cellular level. Again its effectiveness rate on the elderly is impressive with more than 80% improvement in respiratory diseases' symptoms. It is also used for the treatment of smokers' chronic bronchitis.

### **Hepatic Functions**

Cordyceps is a liver protector for patients undertaking heavy medical treatment drugs or toxic agents, it improves the condition of people with chronic hepatitis or cirrhosis.

### **Heart**

Recommended in the treatment of cardiac arrhythmias and chronic heart failure.

It also helps maintaining levels of good cholesterol.

### **Kidneys**

Cordyceps is a protector of the kidneys and it facilitates the elimination. It significantly improves the condition of people with chronic kidney disease. It is also known that it reduces the recurrence of kidney disease and improves tolerance in kidney transplant.

### **Immunity**

As a strong immune system stimulant, Cordyceps Sinensis is commonly recommended to give a boost to the immune system and to remain healthy, but also in the case of people with AIDS or to prevent the recurrence of chronic illnesses.

Because it makes the immune system more active , it is however not quite suitable for people suffering from autoimmune diseases: rheumatoid arthritis (RA), lupus (SLE), multiple sclerosis. It could aggravate their condition.

## **Cancer**

Modern chemical analysis and numerous clinical trials reported in medical journals have demonstrated the validity of the use of Cordyceps as an anti-tumour agent.

Those anti-carcinogenic properties is attributed to the combined effects of the polysaccharide, adenosine, the cordycepic acid and cordycepin that allow for better assimilation of oxygen in the blood and increased tolerance to acidosis. As it is now known that hypoxia (lack of oxygen at the cellular level), and acidosis are among the most important underlying causes of cancer.

The best way to use it: Knowing that it takes something like eight years for the cancer cells to grow before being detectable by blood tests. During this time the cells grow at an exponential rate. But in the first years it is easier for the body, if it is helped, to get rid of a few thousand cancer cells. When their number reaches several hundred thousand is a lot more complicated. Therefore any preventive action that can inhibit the development of those cells can be very effective, when it is accompanied with healthy lifestyle of course !

## **Sexuality**

Several clinical studies of the effects of Cordyceps have shown: Increased stimulation of the neurological and the sexual systems.

Improvement of the libido and stimulation of the sexual response in men and women.

Improvement of erectile function. Increased fertility and sperm count.

## **Instructions:**

Take one capsule three times per day with a small glass of water, preferably between meals. Do not exceed 5 capsules per day.

## **Composition:**

Cordyceps Sinensis – Plant Origin Capsules.

## **Use with caution:**

Not recommended for pregnant or lactating women and people with an autoimmune disease.

